Dining Services
UNIVERSITY OF **HOUSTON**

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FEEDING INNOVATION:

FUELING THE FUTURE

UH DINING GUIDE

SIGN UP FOR A MEAL PLAN AT **AccessUH.edu**

MEAL PLAN
OPTIONS:

*Proposed rates are pending UH System Board of Regents approval.
Please note rates are subject to change.

UNLIMITED MEAL PLANS

Unlimited meals at both Dining Commons

24/7 Unlimited Platinum   **$3,265.00**

Cougar Cash: $500 | Guest Day Passes: 30 | Meal Exchange: 1/day

24/7 Unlimited Gold   **$3,040.00**

Cougar Cash: $300 | Guest Day Passes: 10 | Meal Exchange: 1/day

24/7 Unlimited Silver   **$2,780.00**

Cougar Cash: $150 | Guest Day Passes: 5 | Meal Exchange: 3/week

24/5 Unlimited Bronze (Mon-Fri)   **$2,475.00**

Cougar Cash: $150 | Guest Day Passes: 0 | Meal Exchange: 1/week (Mon-Fri)

For more dining information, visit **uh.edu/dining**

BLOCK PLANS & COUGAR CASH PLANS

Plans are available during Fall, Spring and Summer semesters

Block 100   **$1,300.00**

Dining Commons Meals: 100 | Cougar Cash: $275

Block 50   **$685.00**

Dining Commons Meals: 50 | Cougar Cash: $150

Cougar Cash 1650   **$1,650.00**

Cougar Cash: $1,650

Cougar Cash 1200   **$1,200.00**

Cougar Cash: $1,200

Cougar Cash 500   **$500.00**

Cougar Cash: $500

Cougar Cash 250   **$250.00**

Cougar Cash: $250

MEAL PLAN **FAQ**

WHO CAN PURCHASE A MEAL PLAN?

Freshmen residents must purchase the Unlimited Silver Meal Plan or higher. Sophomore and upperclassmen residents must purchase any Unlimited Meal Plan. Commuters and residents of Bayou Oaks, Cambridge Oaks, Cullen Oaks, University Lofts, and Quad Townhouses may purchase any meal plan.

What is a Meal Exchange?

Meal Exchanges allow you to use one of your unlimited meal swipes in select retail dining locations for specific meal options. View meal exchange options at www.dineoncampus.com/uh/meal-exchanges.

What is Cougar Cash?

Cougar Cash is our on-campus dining currency and can be used in all dining facilities managed by UH Dining Services, including campus food trucks and Market stores. Cougar Cash does not expire.

Where Should I Go to Eat?

UH Dining offers all-you-care-to-eat dining halls, one of which operates 24/7, and a plethora of retail concepts including Chick-fil-A, Starbucks, Panda Express and more.

DOWNLOAD
THE APPS

DINE ON CAMPUS APP

View daily menus, nutrition information, dining locations, events, special offers, give feedback and more on your phone with the Dine On Campus App.

boost

Pre-order food, schedule delivery via robot, and save time with Boost mobile ordering. Use your meal plan by adding Cougar Cash through the app.

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uhfoodie

1,718 Posts   4,389 Followers   338 Following

UH Dining Services
The Official UH Dining Instagram! #uhfoodie
4700 Calhoun Rd, Houston, Texas

Follow   Message   Email

FOLLOW US!

@uhfoodie

STARSHIP

WELLNESS AND SUSTAINABILITY

We're committed to **local produce, eco/Fair Trade coffee, reduced antibiotic chicken and turkey, cage-free eggs, rBGH-free milk, disposable packaging, and sustainable seafood** in partnership with the Monterey Bay Aquarium. Check out our Hydroponic Garden in Cougar Woods Dining Commons!

HEALTHY EATING

Eating healthy, balanced meals will help you study and keep you looking and feeling your best. Balanced U is your guide to finding foods that are right for you. Look for these icons on our menus and online.

VEGAN & VEGETARIAN

Vegan and **Vegetarian** options are available at all locations on campus and can be found using the vegan and vegetarian icons on our rotating menus at both Cougar Woods and Moody Towers Dining Commons. Retail **vegan** and **vegetarian** options are listed at **uh.edu/dining**. For more information regarding dietary and allergen restrictions please e-mail **Susan.Griffin@compass-usa.com**

HALAL

The **halal** logo can be found on sneeze guards at Cougar Woods and Moody Towers Dining Commons, and on specific retail location menus including Mondo Subs, Asado Burritos & Bowls and Abu Omar food truck. **Halal icons** seen in the dining halls mean that certain items at that station are halal, but not all items.