



### Cabana

Graham Center Atrium

**Vegetarian:** Caribbean Flatbread, Macaroni Pie, Mango Passion Fruit Cheesecake, Coconut Rum Bread Pudding.

**Vegan:** Vegan Caribbean Bowl, Rice & Peas, White Rice, Plantains.



### Miro's Food Truck

Outside of Graham Center Atrium

**Vegetarian:** Homemade Dressing & All Sauces

**Vegan:** Falafel, French Fries, Sweet Potato Fries, Veggie Burger, Garlic Herb Wrap, Miro's Chips\*

*Note: All foods are Kosher. Sandwiches can be made vegetarian upon request.*



### Taco Bell

M.A.N.G.O. Building

**Vegetarian:** Cheesy Bean & Rice Burrito, Spicy Potato Soft Taco, Cheesy Roll Up, Fiesta Veggie Burrito, Bean Burrito, Cheese Quesadilla, Chips and Nacho Cheese Sauce, Cheesy Fiesta Potatoes, Grilled Cheese Burrito (Black Bean Option), Crunchwrap Supreme (Black Bean Option), Cinnabon Delights.

**Vegan:** Black Beans, Seasoned Rice, Hot Sauce Packets, Cinnamon Twists, Any Vegetarian Dish Without Cheese or Sour Cream.



### Panera Bread

Graham Center

**Vegetarian:** Mediterranean Warm Bowl, Creamy Tomato Soup, Classic Grilled Cheese, Mediterranean Veggie Sandwich, Green Goddess Cobb (no bacon, no chicken), Fuji Apple Salad (No Chicken), Greek Salad, Greek Yogurt Smoothies: Mango, Strawberry Banana, Strawberry, Frozen Caramel Cold Brew.

**Vegan:** Ten Vegetable Soup, Citrus Asian Crunch Salad (No Chicken), Green Passion Smoothie, Unsweetened Black Iced Tea, Passion Papaya Iced Green Tea, Agave Lemonade.



### Pincho Factory

Graham Center

**Vegetarian:** Ranch, Pincho Sauce, Cilantro Sauce

**Vegan:** White Rice, Brown Rice, Black Beans, Side Salad, Classic Fries, Tostones, Sweet Maduro Bits, Sweet Potato Tots, Lemon Vinaigrette



### Almazar

Graham Center

**Vegetarian:** Greek Salad, Yogurt Salad, All Sauces/Dressings, Desserts

**Vegan:** Falafel, Hummus, Baba Ghanouj, Foul Mudamas, Grape Leaves, Falafel Platter, Tahini Sauce, Lentil Soup, Rice, Salad; Sandwiches\*: Falafel, Hummus, Baba Ghanouj; Salads: Tabbouleh, Fattoush.

*\*All sandwiches are made with Pita bread (vegan)*



### Cafe Bustello

Graham Center & EC

**Vegetarian:** Spinach Cheese Empanada, Plain Croissant, Chocolate Croissant, Cheese Croquette, Cuban Toast with Cream Cheese; Pastries: Cheese, Guava, Guava and Cheese, Coconut, Tequenos: Cheese, Guava and Cheese; Cinnamon Roll, Flan, Tres Leches, Pastelito De Carne De Soya.

**Vegan:** Fresh Fruit Cup, Black Coffee, Black Tea.



### Dunkin' Donuts

Parking Garage 5

**Vegetarian:** All Donuts, Munchkins, Muffins, Croissants, Wake Up Wrap (no bacon), Egg & Cheese English Muffin, Beyond Sausage Breakfast Sandwich, Chive Onion Bagel Minis, Egg White Veg Bites.

**Vegan:** Avocado Toast, Hash Browns, All Bagels.

*\*All drinks can be made vegan by requesting almond milk and no whip cream.*

Revised: April 6th, 2022



# Eating VEGAN AND VEGETARIAN on Campus



### 8th Street Campus Kitchen

Graham Center

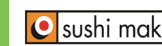
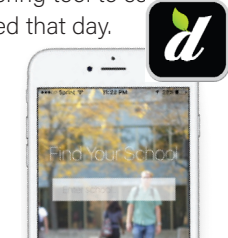
8th Street Campus Kitchen is our all-you-care-to-eat dining facility located in the Graham Center with menus that change at every meal. We have different stations that provide delicious, satisfying, and nutrient-dense vegan and vegetarian dishes on a daily basis. Please look for the vegan and vegetarian icons, pictured below, that are displayed on our digital menu boards. You can also go online to [www.dineoncampus.com/fiu](http://www.dineoncampus.com/fiu) or download the Dine on Campus app and use the filtering tool to see all the vegan and vegetarian options being served that day.



Foods that do not contain any animal-derived products at all including honey, dairy or eggs.



Foods that do not contain animal products except dairy or eggs.



### Sushi Maki

Graham Center Atrium

**Vegetarian:** Lo Mein Noodles, Spring Rolls

**Vegan:** Kenkō Rolls\*: Mighty Shroom Roll, 24 Carrot Roll, Sweet Tato Roll; White Rice, Brown Rice, Veggie Fried Rice (no eggs), Double Veggie Slaw, Wakame Salad, Wok Fried Udon (no protein)

*\*All Kenkō Rolls are Vegan without sriracha mayo or wasabi mayo. Sriracha mayo and wasabi mayo come automatically on the side but are made with regular mayo.*



### Subway

Graham Center Atrium

**Vegetarian:** All Breads, Veggie Delite Sandwich, Veggie Patty, Broccoli & Cheddar Soup, All Sauces/Dressings, Cookies

**Vegan:** Beads: Harvest, 9-Grain, Wheat; Tortilla Wraps (Spinach or Tomato), Veggies, Guacamole, Sauces/Dressings: Sweet Onion, Vinaigrette.



### Half Moon Empanadas

Parking Garage 6, Green Library & Department of Chemistry and Physics

**Vegetarian:** Three Cheese Empanada, Creamed Spinach Empanada, All Dessert Empanadas, Fresh Pastries and Muffins

**Vegan:** Currently not available



## Tropical Smoothie Cafe

Recreational Center

**Vegetarian:** All Smoothies, Hummus Veggie Wrap, Kale & Apple Slaw, Peanut Butter Banana Crunch Flatbread, All Cookies

**Vegan:** Beyond Meat, All Smoothies EXCEPT smoothies with yogurt: Kiwi Quencher, Mango Magic, Peanut Paradise; Smoothies with Chocolate: Bahama Mama, Beach Bum, Mocha Madness, Peanut Butter Cup; Smoothies with Whey or choice of protein: Triple Berry Oat

*\*Note: All add-ins and supplements with exception of whey protein powder are vegan. Whey protein can be replaced by soy or pea protein upon request. Non-fat yogurt can be removed. All wraps can be made without meat, or meat can be replaced with Beyond Meat® products.*



## Chili's

Graham Center

**Vegetarian:** Appetizers: Awesome Blossom Petals, Crispy Cheddar Bites; Burgers: Vegetarian Black Bean Patty; Fajitas: Black Bean and Veggie Fajitas, Fajita Toppings, Chipotle bowl (no protein), Cheese Quesadilla, Cheese Pizza, Mashed Potatoes (no gravy), Chile-garlic Toast, Roasted Street Corn, Coleslaw, Loaded Mashed Potatoes (no bacon), Burger Buns; Salads: House Side Salad, Caribbean Salad (no chicken), Quesadilla Explosion Salad (no chicken); Dressings: Ancho Chile Ranch, Avocado Ranch, Honey Lime, Honey Mustard, Honey Lime Vinaigrette, Ranch, Santa Fe, Thousand Island, Honey Chipotle Sauce. All Desserts

**Vegan:** Appetizer: Tostada Chips & Salsa, Guacamole & Chips, Fried Pickles (no ranch); Sides: Garlic Dill Pickles, Roasted Asparagus, Mexican Rice and Black Beans, Flour Tortilla, Corn Tortilla, Sweet Corn on the Cob, French Fries, Steamed Broccoli, House Side Salad (no cheese, no dressing, no croutons); Dressings: Citrus Balsamic Vinaigrette, Original BBQ Sauce, House BBQ Sauce



## Panda Express

M.A.N.G.O. Building

*\*DISCLAIMER: Panda Express uses ingredients that contain all major FDA allergens (peanuts, tree nuts, eggs, fish, shellfish, milk, soy, and wheat). Panda Express prepares its entrees fresh with shared cooking equipment and therefore allergens could be present in ANY entrée. Panda Express does not have any vegetarian, vegan or gluten free products.*

*\*\*For those who do not mind the cross contact, the follow vegetarian/vegan items are*

**Vegetarian:** Fried Rice, Cream Cheese Rangoon\*

**Vegan:** Super Greens, Vegetable Spring Rolls\*, Chow Mein, Steamed White Rice; Sauces: Sweet and Sour Sauce, Plum Sauce, Hot Mustard, Chili Sauce and Soy Sauce.

*\*Items are fried in the same oil as meat products.*



## Salad Creations

Parking Garage 5

**Vegetarian:** Soups: Creamy Tomato Bisque, Broccoli Cheddar Soup, Cream of Spinach; Salads: Spicy Veggie, Balsamic Orange and Blue, Greekalicious, Apple and Pecan, Green Goodness; Salad Dressings, Rice Bowls\*, Napa Valley Panini, All Desserts

**Vegan:** Soups: House Garden, Creamy Pumpkin Soup, Lentil Soup; Salads: Apple Pecan Salad (without goat cheese), Green Goodness Salad (without goat cheese); Salad Dressings: Cilantro Garlic, Pesto, Raspberry Vinaigrette, House Italian, Spicy Asian Peanut; California Veggie Rice Bowl,

*\*Any meat in Rice Bowls can be replaced with veggies and tortilla wraps are vegan*

*Note: Items can be customized to be plant-based from the Create-Your-Own Menu*



## Crepe King

Parking Garage 5

**Vegetarian:** Veggie Crepe, Caprese Crepe, Pizza Crepe (without meat), Veggie Egg Crepe, Eggs Pesto Crepe, BODYTECH Protein Shake, Energy Protein Shake, Muscle Weight Gainer Shake, All Dessert Crepes

**Vegan:** Hulk Smoothie, Energizer Smoothie, Pantherizer Smoothie, Vegan Protein Shake.

*\*Crepes can be customized upon request. Crepe batter is vegetarian.*



## Jamba Juice

Graham Center

**Vegetarian:** All Bowls, All Smoothies, Sourdough Parmesan Pretzel, Sweet Belgian Waffle, Cheddar Tomato Twist, Spring Vegetable Souffle, Impossible Sausage Handwich.

**Vegan:** All Smoothies (without dairy or honey), Steel-Cut Oatmeal (without honey), Apple Cinnamon Pretzel, Bowls: Chunky Strawberry Topper (without Greek yogurt), Island Pitaya (without honey), Açai Primo (without honey) ·

*\*Menu items can be modified with different milk substitutes: oat milk, soy milk, coconut milk, or almond milk*



## Pollo Tropical

Graham Center

**Vegetarian:** Tropichop (without meat); Bowl Bases: Mac & Cheese, Kernel Corn; Salads: Quesadilla (without chicken), Caesar (without chicken or dressing); Sauces: Chipotle Mayo, Curry Mustard, Cilantro Garlic; All Desserts

**Vegan:** Guacamole, Beyond Meat Wrap, Tropichop Bases: White Rice, Brown Rice, Lettuce; Bowl Toppings: Beyond Beef Picadillo, Black Beans, Sautéed Onions, Diced Tomatoes; Sides: Balsamic Tomatoes, Boiled Yuca with Garlic Sauce, French Fries, Sweet Plantains, Fried Yuca; Dinner Roll, Flour Tortilla; Sauces: Fresh Salsa, BBQ, Guava BBQ, Spicy Poyo-Poyo



## Sergio's Cuban Cafe & Grill

Graham Center Atrium

**Vegetarian:** Plant-Based Frita, Chickpeas, Spinach Empanada

**Vegan:** Veggie Bowl, Salad Toppings (except feta cheese), White Rice, Brown Rice, Cauliflower Rice, Plantain Chips, Sweet Plantains\*, French Fries, Boiled Yuca, All Dressings (except cilantro cream)

*\*Sweet Plantains are fried in the same oil as meat products*



## Starbucks

Green Library & M.A.N.G.O. Building

**Vegetarian:** All Beverages, Impossible Breakfast Sandwich, Spinach, Feta & Egg White Wrap; Egg Bites: Kale & Portabella Mushroom, Egg White & Roasted Red Pepper; Grilled Cheese Sandwich, Tomato and Mozzarella Panini, All Cake Pops, All Bakery Items including Cookies, Croissants, Loaves, Cakes, Muffins, Eggs and Gouda Protein Box, Eggs and Cheddar Protein Box, PB&J Protein Box, Cheese and Fruit Protein Box, Cheese Trio Protein Box.

**Vegan:** Chickpea Bites & Avocado Protein Box, Hearty Blueberry Oatmeal, Classic Oatmeal, Vegan Bagels (except cheese, onion & garlic bagel), Avocado Spread, Hippeas Snacks, Packet of Nuts, Seasonal Fruit,

*\*The chain does not offer certified vegan drinks, but does offer a variety of non-dairy beverages. These include iced coffee, cold and hot brews, cafe Americano, Pink Drink, Green Drink, Violet Drink, and unflavored latte and espresso. Customers can request plant-based milk options of almond, coconut, soy milk, and oat milk, They can also opt for a flavored syrup, such as Vanilla, Caramel, Hazelnut, which do not contain animal-derived ingredients.*

*\*Order drinks without Whipped Cream, Java Chips, Caramel Drizzle, Protein Powder, Cinnamon Dolce toppings to make them Vegan.*



## Moe's Southwest Grill

Parking Garage 5

**Vegetarian:** Cheeses, Sour Cream, Sauces/Dressings: Chipotle Ranch, Avocado Lime Crema; Cookies

**Vegan:** Tortilla Wraps, Shells, Chips, Tofu, Fillings: Seasoned Rice, Cilantro Lime Rice, Black Beans, Salsa, Pico de Gallo, Corn Pico de Gallo, Grilled Veggies, Fresh Veggies, Guacamole; Sauces/Dressings: Southwest Vinaigrette, Hard Rock & Roll Sauce



## Chick-Fil-A

Parking Garage 5

**Vegetarian:** Market Salad (no chicken, no cheese), Greek Yogurt Parfait with Granola or Chocolate Cookie Crumbs, Chick-fil-A Sauce, Ranch, Honey Mustard & Fat Free Honey Mustard, Honey Roasted BBQ Sauce, Buffalo Sauce, Avocado Lime Ranch, Creamy Salsa, Apple Cider Vinaigrette; Desserts: Chocolate Chunk Cookie, Chocolate Fudge Brownie.

**Vegan:** Waffle Fries, Waffle Potato Chips, Fruit Cup, BBQ sauce, Polynesian Sauce, Sweet and Spicy Sriracha Sauce, Balsamic Dressing, Italian Dressing.

