



MEAL PLANS

2019/2020



Meal Plan

BENEFITS



Nutritious all-you-care-to-eat meals at NYU EATS dining halls provide great value for students!



Meal plans lower your cost per meal and are tax-free saving you nearly 9% each transaction.



Your meal plan reduces time spent cooking, cleaning, and grocery shopping.



Meal plans give you access to a large variety of dining options with late-night and to-go available - perfect for students on the run!



With Meal Plans, you don't have to worry about carrying around cash, credit cards, or debit cards. Your money is secure on your ID card, and if it needs to be replaced, your balance will be immediately available upon receiving a new card.



Take meals to-go using your meal swipes or meal exchanges at nearly all campus dining locations.



Gain access to fun dining events, such as our Teaching Kitchen, and giveaways all year round!

*Academic year savings based on average door price including tax compared to the cost per meal on a meal plan.

Locations

All You Care To Eat

NYU EATS AT LIPTON

33 WASHINGTON
SQUARE WEST

NYU EATS AT THIRD NORTH

75 THIRD AVENUE
(AT 12TH STREET)

NYU EATS AT DOWNSTEIN

5-11 UNIVERSITY PLACE

KOSHER EATERY

5-11 UNIVERSITY PLACE

A la Carte

18 BELOW

18 WAVERLY PLACE

MARKETPLACE AT KIMMEL

60 WASHINGTON
SQUARE SOUTH,
THIRD FLOOR

PALLADIUM

40 E 14TH STREET,
THIRD FLOOR

UHALL COMMONS CAFÉ

110 E 14TH STREET

UPSTEIN

5-11 UNIVERSITY PLACE

JASPER KANE CAFÉ

6 METRO TECH CENTER

Convenience Stores

MARKET AT SIDESTEIN

5-11 UNIVERSITY PLACE

MARKET AT THIRD NORTH

75 THIRD AVENUE
(AT 12TH STREET)

MARKET AT PALLADIUM

40 E 14TH STREET,
THIRD FLOOR

MARKET AT UHALL

110 E 14TH STREET

MARKET AT LIPTON

33 WASHINGTON
SQUARE WEST

BRIDGEVIEW MARKET

6 METRO CENTER

Coffee & Tea

ARGO TEA

239 GREENE STREET

DUNKIN DONUTS

110 E 14TH STREET

PEET'S COFFEE

60 WASHINGTON
SQUARE SOUTH,
SECOND FLOOR

STARBUCKS

45 W 4TH STREET



NYUEats.com

AskCampusServices@nyu.edu

212-998-4900

NYUEats.com

Meal Plan PRICING

WASHINGTON SQUARE MEAL PLANS

PLAN	MEALS PER SEMESTER	MEALS PER WEEK	DINING DOLLARS	PRICE PER SEMESTER
300 Flex Plus	300	19	\$ 250	\$ 2,953
300 Flex	300	19	\$ 150	\$ 2,876
225 Flex Plus	225	14	\$ 300	\$ 2,645
225 Flex	225	14	\$ 200	\$ 2,568
175 Flex Plus	175	11	\$ 400	\$ 2,541
175 Flex	175	11	\$ 300	\$ 2,464
120 Flex Plus	120	8	\$ 500	\$ 2,027
120 Flex	120	8	\$ 400	\$ 1,950
95 Flex Plus	95	6	\$ 375	\$ 1,492
95 Flex	95	6	\$ 275	\$ 1,415

*225 Flex: Minimum requirement all first year (including transfer) students living in traditional style residence halls. 120 Flex: Minimum requirement for all first-year (including transfer) students living in apartment style residence halls.

BROOKLYN MEAL PLANS

PLAN	MEALS PER SEMESTER	MEALS PER WEEK	DINING DOLLARS	PRICE PER SEMESTER
BROOKLYN FLEX 175	175	11	\$ 300	\$ 2,464
BROOKLYN 120 Flex	120	8	\$ 400	\$ 1,950
BROOKLYN 95 Flex	95	6	\$ 275	\$ 1,415
BROOKLYN 50 Flex	50	3	\$ 450	\$ 1,065

**120 Flex: Minimum requirement all first year (including transfer/visiting) students living in Brooklyn residence halls. Brooklyn 50: Minimum upper-class (returning) students living in traditional style residence halls.

DIETARY OPTIONS

NYU Eats makes every effort to accommodate each student's special dietary requirements and provides a selection for your dining experience

VEGAN/VEGETARIAN |

PLANT-FORWARD MENUS WITH ROBUST OFFERINGS FOR VEGAN AND VEGETARIAN DIETS INCORPORATING PLANT-BASED PROTEINS, GRAINS, AND LEGUMES.

AVOIDING GLUTEN |

AVOIDING GLUTEN OPTIONS AVAILABLE AT EVERY LOCATION.

KOSHER FOODS |

IN ADDITION TO THE KOSHER EATERY, KOSHER OPTIONS ARE AVAILABLE AT: MARKETPLACE AT KIMMEL, SIDESTEIN, UNIVERSITY HALL AND THE JASPER KANE CAFÉ.

BALANCED |

LIMITED IN CALORIES, CHOLESTEROL, FATS AND SODIUM.

HALAL |

NYU DINING PROVIDES CERTIFIED HALAL MEALS AT THREE LOCATIONS ACROSS CAMPUS: LIPTON HALL, MARKETPLACE AT KIMMEL AND JASPER KANE CAFÉ. LIPTON DINING HALL IS CERTIFIED AT THE HIGHEST LEVEL OF HALAL CERTIFICATION THROUGH HALAL FOOD STANDARDS ALLIANCE OF AMERICA (HFSAA).

FYUL |

MEANING FOR FUELING YOUR UNIQUE LIFESTYLE, THIS PROGRAM FOCUSES ON WELLNESS BY INCORPORATING FUNCTIONAL FOODS INTO EVERY DAY DIETS.

HEALTHY FOR LIFE |

THE PROGRAM POINTS THE WAY TO A HEALTHIER LIFESTYLE BY HIGHLIGHTING "BETTER-FOR YOU" MENU SELECTIONS.

How to Use

Meal Plans are loaded onto your NYU student ID, which works just like a debit card. NYU Eats associates will swipe your card and the meal swipe, meal exchange, or dining dollars will automatically deduct from your account.



MEAL SWIPE

Meal swipes grant you access to any NYU EATS dining hall meaning you get to enjoy an all-you-care-to-eat dining experience with fun events, trending menus, and food focused on flavor.



DINING DOLLARS

Dining Dollars can be used at on-campus dining locations and have a dollar for dollar value.



MEAL EXCHANGE

Meal plans are flexible by allowing you the opportunity to 'exchange' your meal swipes for an equivalent meal in nearly all retail, convenience, a la carte, and coffee locations across campus.



GRUBHUB APP (FORMERLY TAPINGO)

You can use your Grubhub app to order food for pick-up from on-campus dining locations! Check out the Grubhub Campus Dining feature to skip the line and pick up your food. **No waiting, no hassle!**



Scan this QR code to learn more in the NYU EATS Dining Guide or visit us online at nyueats.com for more details.

Special Diet

The following services from NYU Eats are available to help you manage your food allergy(ies) and special diet needs:

1. Schedule meeting with the NYU Dining Services Dietitian, Director and Executive Chef to help you develop an individualized plan.
2. Ask for a food service manager or email the Dietitian at: nyu.eats.nutrition@nyu.edu for ingredients and allergens.
3. Review online menus available at nyueats.com.
4. Review manufacturer-provided menu and nutrition information online at nyueats.com.
5. Review signage at each food station with nutrition information.
6. Request dining staff to change gloves, or use fresh utensils or pans (at made-to-order or self-serve stations) to reduce cross-contact concerns.



Learn more about managing special diets at NYU Eats by viewing our Allergen Guide or visiting us online at nyueats.com.

NYUEats.com

NEW DINING. NEW ERA.



NYUEats.com
AskCampusServices@nyu.edu
212-998-4900

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Let's share this day together.

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