

THE UNIVERSITY CLUB

CARLISLE FAVORITES

RANCH CHICKEN SALAD 7.50
Grilled chicken, tomatoes, chopped egg, applewood bacon and fresh greens tossed with ranch dressing and topped with cheddar cheese and tortilla strips 🍄

CALIFORNIA CLUB SALAD 7.50
Avocado, tomato, swiss cheese, sprouts, bacon and turkey tossed with ranch dressing 🍄

GREEK WEDGE SALAD 7.50
Wedge of romaine lettuce topped with your choice of chicken or shrimp, kalamata olives, cherry tomatoes, cucumbers, feta cheese and a Greek vinaigrette 🍄

FRENCH DIP 7.50
Sliced roast beef with horseradish mayo, provolone cheese, au jus, with a side of chips

CREAMY CHICKEN QUESADILLA 7.50
Flour tortilla, mozzarella cheese, pulled chicken, chopped spinach and avocado served with pico de gallo and sour cream, served with a side of chips 🍄

TURKEY AVOCADO FLATBREAD 7.50
Slow roasted turkey, avocado, and mozzarella cheese with your choice of side 🍄

CHICKEN CAESAR WRAP 7.50
Grilled chicken, crisp romaine, Caesar dressing, parmesan cheese and croutons wrapped in a tortilla 🍄

HALF SANDWICH AND SIDE 7.50
Half portion of: wrap, french dip or turkey avocado flatbread with your choice of side

DRESSINGS

BALSAMIC | SESAME | HOUSE ITALIAN | RANCH | BLEU CHEESE | HONEY MUSTARD | GREEK

SIDES

BAKED POTATO | CHIPS | GARDEN SALAD | FRUIT WEDGES | RICE NOODLES
SOUP D'JOUR cup: 2.50 bowl: 4.50

SWEETS

CHOCOLATE CAKE 3
NEW YORK STYLE CHEESECAKE 3
ask your server for the topping of the day
FRUIT WEDGES 3

🍄 substitute grilled portobello for vegetarian option

CLUB BOWLS

7.50

1. Your choice of:

BROWN RICE, WHITE RICE OR RICE NOODLES

2. Choose protein:

CHICKEN, SHRIMP, TOFU

3. Choose your flavor:

SWEET & SPICY

Broccoli, ginger, green onions, garlic

TERIYAKI

Mushrooms, green bell pepper broccoli, green onions, sesame seeds.

KUNG PAO

Green onions, red bell peppers, dried thai chili, celery, carrot and peanuts

BLUE GLASS FEATURES

MONDAY: MAVERICK BURGER/GARDEN BURGER 7.50
100% all beef patty or garden burger with melted American cheese, served open faced with house chips, lettuce, tomatoes, red onions, and pickles

TUESDAY: ZUCCHINI PESTO PASTA 7.50
Zucchini pasta tossed with fresh pesto, tomatoes and basil.

WEDNESDAY: MEATLOAF 7.50
Served with garlic mashed potatoes and a Dr. Pepper BBQ glaze and green beans.

THURSDAY: KOREAN STEAK SALAD 7.50
Crispy wonton strips with marinated skirt steak kimchi, bok choy, sprinkled with red pepper flakes

FRIDAY: PINEAPPLE GLAZED SALMON 7.50
Pineapple glazed salmon served with coconut rice, snow peas, bok choy and carrots

OVER ICE

PASSION FRUIT SPARKLING SODA 2.00
ROSEMARY LEMON ICED TEA 1.25
PELLEGRINO SPARKLING WATER 2.00
FOUNTAIN BEVERAGES 2.00
pepsi, diet pepsi, mist twist, dr pepper, pink lemonade, mtn dew
HOT BEVERAGES 1.25
coffee, tea